

# How does Parkinson's disease affect your voice and speech?



- Quieter or weaker voice
- Hoarse voice
- Slurred speech
- Fast speech, sounds run together
- Your voice sounds normal to you, but other people have difficulty hearing you



## Speech Tips

- Talk LOUDER!
- Speak in shorter phrases
- Look at the people you are talking to
- Before you speak, get the attention of the person you want to talk to
- Talk in a quiet location
- Plan conversations for when you have more energy
- See a speech therapist for voice exercises

